

## Middle School School Lunch

	Monday	Tuesday	Wednesday	Thursday	Friday
	12-Oct	13-Oct	14-Oct	15-Oct	16-Oct
<b>Entrée A</b>	<b>Pizza Dippers (Mozzarella filled Breadsticks)</b>	<b>Chicken Patty on a Bun</b>	<b>Chicken Tenders</b>	<b>Cheeseburger</b>	<b>Pizza</b>
	Cucumber Slices w/Dip	Baby Carrots w/Dip	Baby Carrots w/Dip	Broccoli w/Dip Coleslaw	Carrot & Celery Sticks w/Dip
	Fresh Apple	Fresh Pear	Mixed Fruit	Sliced Apples	Banana
	Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk
	Marinara Sauce	Mayo Packet	Honey Mustard Sauce	Mayo & Ketchup Packe	
	Napkin	Napkin	Napkin & Fork	Napkin & Fork	Napkin
<b>or</b>					
<b>Entrée B (Salad Platter)</b>	<b>Crispy Chicken Salad</b>	<b>Turkey BLT Salad</b>	<b>Chicken Caesar Salad</b>	<b>Chef Salad</b>	<b>Southwest Chicken Salad</b>
	Romaine Lettuce, Breaded Chicken Strips, Cheddar Cheese, Sliced Tomatoes, Shredded Carrot, Ranch Dressing w/Dinner Roll	Romaine Lettuce, Turkey Breast, Sliced Grape Tomatoes, Cheddar Cheese, Bacon, Ranch Dressing, Dinner Roll	Romaine Lettuce, Grilled Chicken Strips, Caesar Romano Dressing, Parmesan Cheese, Croutons, w Dinner Roll	Romaine Lettuce, Ham, Oven Roasted Turkey, American Cheese, Croutons, Cucumber, Grape Tomatoes, Hard Boiled Egg, Italian Dressing, Dinner Roll	Romaine Lettuce, Roasted Chicken, Cheddar Cheese, Corn & Black Beans, Diced Tomatoes, Red Onion, Ranch Dressing, Dinner Roll
	Fresh Apple	Fresh Pear	Fresh Pear	Fresh Orange	Sliced Apples
	Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk
	Napkin, Knife & Fork	Napkin, Knife & Fork	Napkin, Knife & Fork	Napkin, Knife & Fork	Napkin, Knife & Fork
<b>or</b>					
<b>Entrée C (Veg. Salad Platter)</b>	<b>Garden Salad</b>	<b>Garden Salad</b>	<b>Garden Salad</b>	<b>Garden Salad</b>	<b>Garden Salad</b>
	Romaine Lettuce, Hard Boiled Egg, Cheddar Cheese, Sliced Cucumber, Sliced Tomatoes, Shredded Carrot w/Dinner Roll	Romaine Lettuce, Hard Boiled Egg, Cheddar Cheese, Sliced Cucumber, Sliced Tomatoes, Shredded Carrot w/Dinner Roll	Romaine Lettuce, Hard Boiled Egg, Cheddar Cheese, Sliced Cucumber, Sliced Tomatoes, Shredded Carrot w/Dinner Roll	Romaine Lettuce, Hard Boiled Egg, Cheddar Cheese, Sliced Cucumber, Sliced Tomatoes, Shredded Carrot w/Dinner Roll	Romaine Lettuce, Hard Boiled Egg, Cheddar Cheese, Sliced Cucumber, Sliced Tomatoes, Shredded Carrot w/Dinner Roll
	Fresh Apple	Fresh Pear	Fresh Orange	Fresh Orange	Banana
	Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk
	Napkin, Knife & Fork	Napkin, Knife & Fork	Napkin, Knife & Fork	Napkin, Knife & Fork	Napkin, Knife & Fork

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	<b>19-Oct</b>	<b>20-Oct</b>	<b>21-Oct</b>	<b>22-Oct</b>	<b>23-Oct</b>
<b>Entrée A</b>	<b>Cheeseburger</b>	<b>Pizza</b>	<b>Chicken Nuggets</b>	<b>Pizza Dippers (Mozzarella filled Breadsticks)</b>	<b>Chicken Patty on a Bun</b>
	Cucumber Slices w/Dip	Baby Carrots w/Dip	Cucumber Slices w/Dip	Broccoli w/Dip Potato Salad	Carrot & Celery Sticks w/Dip
	Fresh Apple	Fresh Pear	Apple Slices	Sliced Apples	Banana
	Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk
	Mustard & Ketchup Packet		Honey Mustard		Mayo Packet
	Napkin	Napkin	Napkin	Napkin	Napkin
	<b>or</b>				
<b>Entrée B (Salad Platter)</b>	<b>Hummus Platter</b>	<b>Chicken Caesar Salad</b>	<b>Crispy Chicken Salad</b>	<b>Fajita Salad w Chicken</b>	<b>Spinach Salad</b>
	Hummus, Olives, Diced Cheese, Baby Carrots, Cucumber Slices, Broccoli and Pita Wedges	Romaine Lettuce, Grilled Chicken Strips, Caesar Romano Dressing, Parmesan Cheese, Croutons, w Dinner Roll	Romaine Lettuce, Breaded Chicken Strips, Cheddar Cheese, Sliced Tomatoes, Shredded Carrot, Ranch Dressing w/Dinner Roll	Romaine Lettuce, Chicken Breast, Chipotle Lime Fajita Vinaigrette, Cheddar Cheese, Chili Lime Tri-Colored Tortilla Strips, w Dinner Roll	Spinach, Hard Boiled Egg, Red Onion, Bacon, w Vinaigrette Balsamic Olive Oil Dressing w/Dinner Roll
	Fresh Apple	Fresh Pear	Fresh Apple	Fresh Orange	Banana
	Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk
	Napkin, Knife & Fork	Napkin, Knife & Fork	Napkin, Knife & Fork	Napkin, Knife & Fork	Napkin, Knife & Fork
<b>or</b>					
<b>Entrée C (Veg. Salad Platter)</b>	<b>Garden Salad</b>	<b>Garden Salad</b>	<b>Garden Salad</b>	<b>Garden Salad</b>	<b>Garden Salad</b>
	Romaine Lettuce, Hard Boiled Egg, Cheddar Cheese, Sliced Cucumber, Sliced Tomatoes, Shredded Carrot w/Dinner Roll	Romaine Lettuce, Hard Boiled Egg, Cheddar Cheese, Sliced Cucumber, Sliced Tomatoes, Shredded Carrot w/Dinner Roll	Romaine Lettuce, Hard Boiled Egg, Cheddar Cheese, Sliced Cucumber, Sliced Tomatoes, Shredded Carrot w/Dinner Roll	Romaine Lettuce, Hard Boiled Egg, Cheddar Cheese, Sliced Cucumber, Sliced Tomatoes, Shredded Carrot w/Dinner Roll	Romaine Lettuce, Hard Boiled Egg, Cheddar Cheese, Sliced Cucumber, Sliced Tomatoes, Shredded Carrot w/Dinner Roll
	Fresh Apple	Fresh Pear	Fresh Orange	Fresh Orange	Banana
	Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk	Chocolate or White Milk
	Napkin, Knife & Fork	Napkin, Knife & Fork	Napkin, Knife & Fork	Napkin, Knife & Fork	Napkin, Knife & Fork